



Mette Carendi



The Parental Bond: Understanding the Art of Attachment

Tænd forbindelsen

A thought-provoking and conversation-sparking book about the art of attachment, even in the moments of difficulty and challenge.

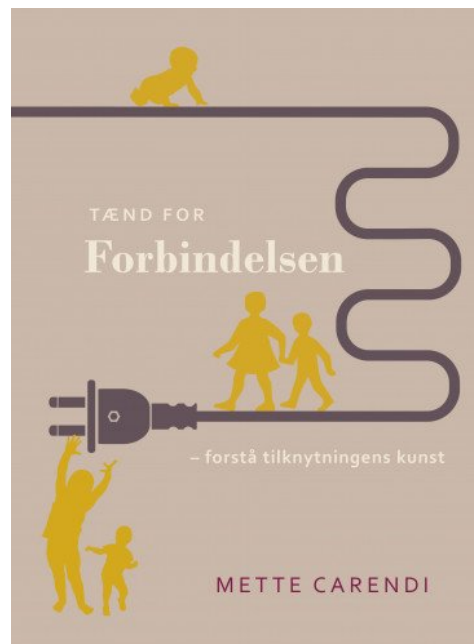
Psychologist, **Mette Carendi**, has dedicated her life to creating awareness of the importance of emotional attachment between children and the primary adults in their lives.

SYNOPSIS

In *The Parental Bond*, Mette Carendi examines how conflicts in parenthood can be handled in a way that creates attachment and security.

It is a life-changing experience to become a parent. When conflicts occur, many parents – regardless of their own childhood experiences – run the risk of breaking the attachment to their child. In this book, psychologist Mette Carendi explains how you can rather use the sorrow and pain to create an even stronger and loving attachment.

'The Parental Bond is a thought-provoking book about the art of attachment. With its focus on those factors that create attachment, its elucidation of the pitfalls of screen use, the role of the institutions, as well as its treatment of special problems relating to boys, this book is an engaging and enriching reading experience about the relationship between children and their parents.'



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