



## Elvira Fragola



## Become the Horse's trusted Friend

### Bliv hestens hjerteven

Elvira Fragola's new book is inspired by the desire that is at the heart of most children and young people who love horses – namely the desire to be an equal friend to the horse.

**Elvira Fragola** is a Danish children's book author and illustrator, who is behind, among other things, the picture books about Little Twig.

## SYNOPSIS

In this practical handbook you can read about what it is like to be a horse, what is important for horses, and the differences between horses and humans. Horses have no words, but they have a lot to say. By understanding what it is like to be a horse, we can better understand what horses are telling us. Learn about the horse's body language, and how to meet it with kindness rather than force.

In the book you will also find a number of gentle exercises that you can do yourself or practice together with your horse friend, and throughout the book, author and riding therapist Elvira Fragola tells stories from her life with horses and with the children and young people who come to visit her farm Højly. The book is richly illustrated with the author's own drawings.



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Original Publisher: *Turbine*

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211 pages

Category: *Children's Books*

Sub-category: *Non-Fiction*

Themes: *Pets*

Available material: *English sample*

## Territories Handled

World except: Danish