



Ditte Wiese



## ...and then I Drown ...og så drukner jeg

This is a powerful YA novel by the author of the acclaimed *Province Piss*, in which she once again proves her ability to give a voice – or rather a megaphone – to young people, so that focus can be placed on what they fight against nowadays.

**Ditte Wiese** coins the challenges of young people perfectly in her powerful novels, which are also optioned for film.

### SYNOPSIS

"Quick as a flash, cold shower, pony tail, beta blockers, coffee, green smoothie bowl on SnapStory and Instagram, car, psychology exam, A+, hug Miriam, change clothes, more beta blockers, car, parking, head on the wheel. And then deep breaths..."

Do your utmost, or you're a loser! This is the mantra of 18-year-old, Josephine, who tries to be as perfect and successful as her friends.

She has made a meticulous plan for her life: she has chosen a sensible degree, the right boyfriend and the correct diet. It is good and it is perfect. But something is stirring in her. Small waves of something wrong, which pushes her and keeps her awake. It drills into her brain and makes noises. Makes her forget things. Makes her forget to breathe.

What is wrong with her? Why can't she just stick with the plan?

The pressure is so big that Josephine is drowning. She doesn't dare to shout for help, because if she cannot manage everything, she is nothing.

**Selected for possible nomination by IBBY Denmark in the category: "Outstanding Books for Young People with Disabilities 2023".**

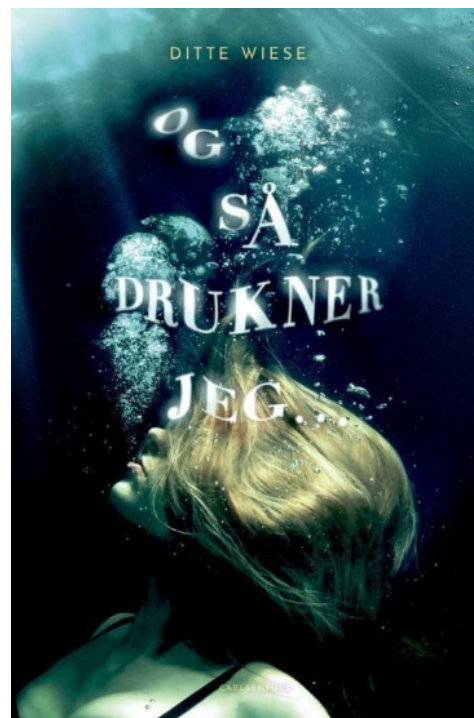
**Winner of the Mofibo Award for Best YA novel 2020.**

**Shortlisted for The Readers' Book Prize 2020.**

### REVIEWS

"A tsunami in book form (...) heart-breaking" – (4 hearts in *Politiken*)

"A painfully honest and engaging tale" – (*Folkeskolen* (Industry magazine for



Original Language: *Danish*

Original Publisher: *Forlaget Carlsen*

Published: *June, 2019*

344 pages

Category: *Children's Books*

Sub-category: *YA*

Genre: *Realism*

Themes: *Belonging/Identity, Growing up, Fear & Anxiety*

Film Rights: *F-Film*

Theatre Rights: *Babel-Bridge Literary Agency*

Available material: *Danish original, English sample translation and detailed synopsis in English.*

### Territories Handled

World except: *Danish*

### Territories Sold

Estonian: *Paike ja Pilv*

schools))